TOP STORIES

State Officials Declare Whooping Cough Outbreak an Epidemic

Reports indicate pertussis vaccines not very effective

California health officials announced that the state’s outbreak of whooping cough has now reached epidemic proportions with 3,458 cases reported through June 10.

The California Department of Public Health (CDPH) said the pertussis outbreak that started in early 2014 reached epidemic status after 800 new cases were reported during a two-week period from late May through early June. The number of cases began accelerating in April, when more than 800 new cases were reported.

Whooping cough is especially dangerous to infants under the age of six months because their lungs are not fully developed and the CDPH has already confirmed two whooping cough deaths among infants. "Preventing severe disease and death in infants is our highest priority," said Ron Chapman, MD, director of the CDPH. "We urge all pregnant women to get vaccinated. We also urge parents to vaccinate infants as soon as possible."

The number of whooping cough cases has already exceeded the 2,503 cases reported in all of 2013 but is still well below the 9,120 cases reported in the 2010 epidemic, which was the worst in California since 1947 and resulted in 10 deaths among infants under six months of age.

Though health officials said the outbreak is not surprising, given that whooping cough is cyclical and peaks every three to five years, the epidemic is occurring in spite of preventive efforts launched in 2011. Legislation approved that year requires all children entering the seventh grade to show evidence of receiving a Tdap whooping cough booster shot before being allowed to enter school. The CDPH said the booster shots "should keep the incidence levels below the highs of the pre-vaccine era."

But health officials acknowledged that being vaccinated against whooping cough is not a guarantee of protection. The CDPH estimates the childhood whooping cough vaccine is effective 84% to 89% of the time and that the Tdap booster shot is effective only 53% to 65% of the time. Children are required by...
IN BRIEF

» Anthem Blue Cross President Mark Morgan said that premiums for health plans sold on Covered California will increase less than 10% next year. According to a report in the Los Angeles Times, Morgan announced during a Town Hall Los Angeles speech that "we will not have double-digit increases in our Covered California operations. That's a good indication of how we feel about the success of our early work because there are other parts of the country where we are hearing 20% [increases] or higher." Morgan added that the age and medical needs of people who enrolled for coverage on Covered California have met the insurer's expectations but he didn't offer details on projected rate increases, noting that Anthem is still in negotiations with health exchange officials.

» City officials in Riverside approved an expansion plan for Riverside Community Hospital that will eventually add two new hospital towers and more than 200 hospital beds over the next 30 years. The $315 million expansion plan approved by the Riverside City Council will also add additional parking and renovate older buildings. The first phase of the project will demolish an old medical building and build a seven-story tower with 105 inpatient beds. The second phase will build a nine-story hospital tower with more than 100 beds and convert acute care facilities into outpatient centers. Overall, the projects will expand the 373-bed hospital to a 600-bed facility to help address a chronic shortage of law to receive a series of whooping cough vaccinations before the age of 6 but those vaccines wear off over time and require a booster shot by age 12.

"Unlike some other vaccine-preventable diseases, like measles, neither vaccination nor illness from pertussis offers lifetime immunity," said Chapman. "However, vaccination is still the best defense against this potentially fatal disease."

San Diego County health officials said more than 80% of whooping cough cases reported through May were among people who were up-to-date on their vaccinations, including the Tdap booster shots. Of the cases reported in San Diego County, more than 400 are among children and teens aged 10 to 18.

San Diego County deputy public health officer Eric McDonald, MD, said that of the 621 people diagnosed with whooping cough in the county, 527 were up-to-date with their vaccinations, 67 people were not up-to-date, and the vaccination status of 27 is unknown. McDonald said the effectiveness of both the childhood whooping cough vaccines and the boosters shots "decreases after the first few years."

To date, the most severe outbreak of whooping cough has been in Sonoma County, where 512 cases have been reported for a state-high ratio of 103.9 cases per 100,000 residents. Other counties that have been hard hit include Santa Clara County (257 cases) and Marin County (184 cases). —DOUG DESJARDINS

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State Officials cont.

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County Officials Approve $6 Million Loan to Doctors Medical Center

Loan temporarily averts planned July closing

Doctors Medical Center in San Pablo averted a planned July shutdown by securing a $6 million bridge loan to keep the hospital open for several months.

The Contra Costa County Board of Supervisors voted 4-1 to approve the $6 million loan, which will be paid back through healthcare district tax revenues. The loan will provide only enough funding to keep Doctors Medical Center open for three or four months while county health officials and hospital executives forge a long-term plan that will likely involve a drastic downsizing of the 180-bed safety-net hospital.

County supervisor Federal Glover said the board "has an obligation to all citizens of the county" and that the closure of Doctors Medical Center "would have a countywide impact." Contra Costa Healthcare District director Eric Zell said keeping the hospital open "is about providing basic healthcare services to that part of the county and we have to do what we have to do to get there."
hospital beds in Riverside County, which is one of the most medically underserved counties in the state.

› Kern Medical Center (KMC) officials announced plans to eliminate 51 jobs as part of a cost-cutting plan. According to a report in the Bakersfield Californian, officials for the 222-bed hospital in Bakersfield said the job cuts would be implemented in August and include nine workers currently employed by the hospital’s home health services department, which is slated to shut down. The other 42 positions would comprise a mix of nursing support staff, information technology personnel, and service staff positions. “These are difficult decisions that are necessary to make sure that Kern Medical Center is staffed to meet the needs of patients,” said Kern Medical Center CEO Russell Judd. The cuts would save the hospital an estimated $5.7 million per year to help address losses that have totaled more than $25 million over the past year.

› A California appeals court rejected a class action suit filed on behalf of nurses against Sutter Health. According to a report in the Sacramento Business Journal, the lawsuit, which dates back to 2008, sought certification of class for up to 21,000 registered nurses working for Sutter Health and alleged that Sutter denied nurses meal and rest breaks. The Court of Appeals for the First Appellate District Court ruled that the plaintiffs failed to prove that workers received common treatment. "We
are pleased with the Court of Appeals decision and believe that it is the correct decision,” said Sutter Health in a statement. “Sutter Health affiliates comply in all aspects with laws regarding meal and rest periods.” Attorneys for the plaintiffs said they may request the California Supreme Court to review the appellate court decision, noting that “we are absolutely certain that a lot of nurses didn’t get compensated for missed required meal and rest breaks.”

The California Pan-Ethnic Health Network (CPEHN) wants Covered California to do a more thorough job of tracking and reporting the ethnicity of people who enroll for coverage on the exchange. In a letter to the Covered California board of directors, CPEHN director of policy analysis Caroline Sanders noted that questions about race, ethnicity, and primary language are listed at the end of the application for insurance under a section titled Optional Data. She suggested that Covered California change its current application form and move questions about race and ethnicity to the demographics section and eliminate English as a default language. In her letter, Sanders suggested that more detailed information about the race and ethnicity of enrollees “would also be extremely helpful in diagnosing and strategizing about next steps.”

Health officials in Santa Cruz County will ask the county board of supervisors to allocate funding for a pilot program to create a mobile mental health services crisis prevention pro-

Lawmakers Approve $108 Billion State Budget on Time
Budget includes $437 million to fund Medicaid expansion

California lawmakers approved a $108 billion state budget that left most healthcare programs intact but did not restore 10% cuts to Medi-Cal and recession-era—cuts to other programs.

State legislators approved the fiscal 2015 budget on June 15 and Gov. Jerry Brown has until the end of June to sign off on the budget. Brown referred to the budget as “solid and sustainable” but said the state “must be ever vigilant in the commitment of public funds.”

The budget contains no cuts to healthcare programs and a few budget increases. The In-Home Supportive Services (IHSS) program received a 6% budget increase and the budget for Medi-Cal received an extra $437 million to fund Medicaid expansion, which is expected to add about two million beneficiaries to the program. The Department of State Hospitals, which oversees the state’s psychiatric hospitals, is due for a 1.4% budget increase.

Healthcare advocates pushed unsuccessfully to have recession-era cuts to IHSS and other programs restored now that the state is operating in the black. “It is financially irresponsible not to revisit and restore more of the cuts made in the depth of the recession, including those that can bring in more federal matching funds to the health system and economy that needs it,” said Anthony Wright, executive director of advocacy group Health Access California.

The California Medical Association (CMA) said that Brown and state legislators should have restored 10% cuts to Medi-Cal reimbursements implemented in late 2013 and early 2014. Those cuts were originally approved in 2011 but were blocked by lawsuits for two years. Brown did exclude an earlier plan to make the Medi-Cal cuts retroactive to 2011.

“Eliminating the retroactive collection was a step in the right direction and, for that, we want to thank the governor and lawmakers,” said CMA president Richard Thorp, MD. “Unfortunately though, passing a budget that does not restore the cuts to Medi-Cal moving forward will result in decreased access to care for patients that need it most. With some of the lowest Medicaid reimbursement rates in the country, these patients already have a tough time finding access to care.”

The budget also includes $7 million in funding to increase the number of medical residency slots in the state to address a potential shortage of primary care physicians. And the budget includes a provision that allows IHSS employees to earn overtime pay, a provision that Brown originally opposed and could still veto. —DOUG DESJARDINS
The Santa Cruz County Health Services Agency said the mobile unit would help relieve some of the burden on hospital emergency departments and the county's behavioral health center in dealing with mentally ill patients who have nowhere else to go. “We approach things in a preventative mode, running upstream,” said Giang Nguyen, the county's health services agency director. “We don't want to wait [until] when people are sick and get into the hospital and create a bottleneck for the hospital.” Health officials will ask the board of supervisors to allocate $800,000 for the program to supplement $125,000 in seed money donated by Dominican Hospital, a 288-bed acute care hospital located in Santa Cruz.

Alameda Health System (AHS) has appointed Terry Lightfoot as director of government and community relations. Lightfoot will serve as a liaison between government agencies and AHS, an Oakland-based health system that operates three acute care hospitals and two specialty hospitals. “Terry’s extensive background coordinating complex partnerships in both the healthcare and public works sector will greatly benefit AHS,” said Carladenise Edwards, chief strategy officer for AHS. Lightfoot previously worked in government and media relations for Kaiser Permanente.

A report from the UCLA Center for Health Policy Research found that 26.6% of California adults (6.2 million) had no insurance for all or part of the year in 2012 and that 38.6% of Latino adults were uninsured all or part of the year. The report titled A Health Profile of California’s Diverse Population breaks down key health statistics by race and is based on information from the California Health Information Survey. The study found that 6.8 million Californians—about 25% of the population—are obese with higher rates among Latino and black residents. And the study estimates that 8.4% of California residents have diabetes with the highest rates among American Indians/Alaska Natives (13.9%), blacks (11.4%), and Latinos (9.9%).

A bill that would require beverage manufacturers to post warning labels on sugary beverage containers failed to advance out of the Assembly Health Committee and may be through for 2014. The health committee voted 8-7 to hold Senate Bill 1000 in committee, with several Democrats joining Republicans in opposing the bill authored by Sen. Bill Monning (D-Carmel). “While I am disappointed SB 1000 did not pass out of committee, I remain committed to pursuing this issue and being part of a broad public health campaign to educate consumers about the proven health risks of sugary drinks,” said Monning. Opponents questioned the effectiveness of using warning labels to limit consumption of sugary drinks. The bill was opposed by CalBev, the California division of the American Beverage Association.
# Featured Career Opportunities

**New Century Health** is a leading innovator of specialty care management programs for oncology and cardiology. We are currently seeking candidates for the following career opportunities:

<table>
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<tr>
<th>Position</th>
<th>Location</th>
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<tr>
<td>MEDICAL CONSULTANT</td>
<td>Brea, CA, &amp; Miramar, FL</td>
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<td>HEALTHCARE SR. BUSINESS ANALYST</td>
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<td>UTILIZATION REVIEW NURSE (ONCOLOGY)</td>
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<td>DW/BI ARCHITECT</td>
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<td>INTAKE COORDINATOR/PHARMACY TECHNICIAN</td>
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<td>DIRECTOR OF MEDICAL MANAGEMENT BOSTON, MA</td>
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<td>DIRECTOR ACTUARIAL SERVICES</td>
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<td>SALES REPRESENTATIVE (NORTHERN CALIFORNIA)</td>
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- **Director Managed Care Analytics**
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  Job ID: 1400009982

- **Contract Specialist - Managed Care**
  Corporate Office
  Job ID: 1400004808

- **Director of Managed Care - Growth**
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- Clinical Quality/Compliance Admin – Visalia, CA – Job #: 82078
- Clinical Quality Auditor Sr. – Fresno, CA – Job #: 81751
- Manager I Provider Network Mgt/Relations – Rancho Cordova, CA – Job #: 86235
- Manager I/II LTSS – Santa Clara, CA – Job #: 85208
- Network Relations Rep Sr. – Rancho Cordova, CA – Job #: 81775

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